

PROVISIONS

ROSEMARY+THYME CRACKERS 4.50

Activated Almond Flour, Activated Flax Seed, Olive Oil, Nutritional Yeast, Alkaline Water, Thyme, Rosemary, Onion Powder, Garlic Powder, Pink Salt

ACTIVATED ALMONDS +SEA PALM 4.00

Activated Almonds, Sea Palm

ANANDAMIDE +MAPLE ACTIVATED CASHEWS 4.00

Activated Cashews, Maple Syrup, Cacao Nibs, Anandamide, Cacao Powder, Salt

HEMP+CASHEW CHEESE 1.0 oz 5.50

Activated Cashews, Hemp Seeds, Alkaline Water, Probiotic, Pink Salt

BREAKFAST

APPLE CHAI MULBERRY+ALMOND OVERNIGHT OATS 6.00

Alkaline Water, Activated Oats, Activated Almonds Maple Syrup, Activated Pumpkin Seeds, White Mulberries, Activated Chia Seeds, Cacao Nibs, Cinnamon, Activated Cashews, Ginger, Cardamom, Pepper, Pink Salt

COCONUT YOGURT 8.00

Coconut Meat, Alkaline Water, Stevia, Live Probiotics, Pink Salt

BERRY COCONUT YOGURT 8.00

Strawberries, Blueberries, Coconut Meat, Alkaline Water, Chia Seeds, Lemon Juice, Stevia, Live Probiotics, Pink Salt

100% ORGANIC RAW COLD-PRESSED JUICE TONICS+SHAKES+MILKS STUMPTOWN COFFEE PLANT FOOD+CONCEPT STORE

BREWED+PRESSED
3700 MCKINNEY AVE. STE 108
214 377 9901

MON - WED 7.00AM - 9.00PM
THU - SAT 7.00AM - 10.00PM
SUN 8.00AM - 8.00PM

#THEARTOFNOURISHMENT
BREWEDANDPRESSED.COM
@BREWEDANDPRESSED

SAVORY

COCONUT CURRY KELP BOWL 11.00

Kelp Noodles, Carrot, Zucchini, Activated Cashews, Coconut Milk, Curry Powder, Avocado, Lime Juice, Jalapeño, Cilantro, Coconut Nectar, Garlic, Onion Powder, Chili Flakes, Activated Pumpkin Seeds, Hemp Seeds, Pink Salt, Pepper

SWEET POTATO KALE BOWL 12.00

Sprouted Brown Rice, Steamed Sweet Potato, Kale, Tahini, Chickpea Miso Paste, Sesame Seed, Lime, Ume Plum Vinegar, Ginger Juice, Sesame Oil Red Pepper Flakes, Onion Powder, Black Pepper, Pink Salt

SPROUTED QUINOA WINTER BOWL 12.00

Sprouted Quinoa, Kale, Hemp+Cashew Cheese, Olive Oil, Apple Cider Vinegar, Balsamic Vinegar, Maple Syrup, Garlic, Pomegranates, Activated Pumpkin Seeds, Hemp Seeds, Salt, Black Pepper

HOUSE SALAD 10.00

Spring Mix, Carrots, Avocado, Zucchini, Celery, Beets, Lemon Juice, Activated Sunflower Seeds, Tamari, Alkaline Water, Olive Oil, Chickpea Miso, Umeboshi Vinegar, Garlic, Black Pepper

SWEET

ACTIVATED CASHEW MAPLE TOCOS COOKIES 4.00

Activated Cashew Flour, Activated Oat Flour, Maple Syrup, Tococ, Cacao Nibs, Coconut Sugar, Cacao Powder, Coconut Oil, Pink Salt

CHOCOLATE COCONUT ALMOND BARS 4.00

Activated Cashews, Coconut Nectar, Peaches, Activated Almonds, Almond Milk, Coconut Oil, Lemon Juice, Dates, Vanilla Extract, Blue Majik, Salt

DEEP ROOTS CHEESECAKE 6.50

Activated Cashews, Coconut Nectar, Deep Roots Cold-Pressed Juice, Activated Almonds, Coconut Oil, Lemon Juice, Dates, Vanilla Extract, Salt

PEACH BLUE MAJIK CHEESECAKE 6.50

Activated Cashews, Coconut Nectar, Peaches, Activated Almonds, Almond Milk, Coconut Oil, Lemon Juice, Dates, Vanilla Extract, Blue Majik, Salt

RAW CACAO TRUFFLES 2.50

Activated Cashew Butter, Maple Syrup, Cacao Butter, Cacao Powder, Alkaline Water

MOCHA VANILLA CHEESECAKE 6.50

Activated Cashews, Coconut Nectar, Activated Almonds, Almond Milk, Coconut Oil, Cacao Powder, Lemon Juice, Ground Coffee, Dates, Vanilla Extract, Salt

ALL THE BERRIES CHEESECAKE 6.50

Activated Cashews, Coconut Nectar, Activated Almonds, Almond Milk, Coconut Oil, Strawberries, Blueberries, Lemon Juice, Mulberries, Goji Berries, Dates, Vanilla Extract, Salt

SEASONAL CHEESECAKE BITES 2.50

MADE WITH LOVE IN THE DALLAS DESIGN DISTRICT
Menu By Executive Chef Rosmery Menendez

BREWED+PRESSED THE ART OF NOURISHMENT

TONICS WILDCRAFTED+ORGANIC+TRANSFORMATIONAL

ALL TONICS ARE CREATED WITH YOUR CHOICE OF:

Ancient Organics® Grass-Fed Ghee or Coconut Oil and sweetened with Omica Organics® Liquid Stevia or Honey



MIND MAVEN 8.00

Gynostemma Tea
Astragalus
Rhodiola
Cordyceps
Pine Pollen
Tocos
Coconut Butter

SERENE STATE 8.00

Gynostemma Tea
Ashwagandha
Reishi
He Shou Wu
Mucuna
Tocos
Coconut Butter

VERDANT VIBE 8.00

Matcha Tea
Tocos
Ashitaba
Moringa
Maca
Reishi
Coconut Butter

CLOUD NINE 8.00

Anandamide
Cacao
Maca
Cordyceps
Tocos
Coconut Butter

COFFEE

SERVED WITH YOUR CHOICE OF:

Activated Pumpkin Seed Milk or Activated Almond Milk



AMERICANO Iced/Hot 12 oz **3.00**

ESPRESSO Hot 1½ oz **3.00**

CAPPUCCINO Hot 8 oz **4.50**

CORTADO Hot 4 oz **4.00**

LATTE Iced/Hot 12 oz **5.00**

MOCHA Iced/Hot 12 oz **5.50**

POUR OVER 12 oz **5.00**

FRENCH PRESS 12 oz **5.00**

COLD BREW **4.50**

BOTTLED COLD BREW **6.50**

SACRED BREW Hot 12 oz **4.50**

Organic Stumptown Coffee® blended with Raw Coconut Oil + Ancient Organics® Grass-Fed Ghee

TEA

LOOSE LEAF TEA Hot 12 oz **3.50**

MATCHA LATTE Iced/Hot 12 oz **4.50**

CHAI TEA LATTE Hot 12 oz **4.50**

HIBISCUS ALOE TEA Bottled **6.50**

Alkaline Water, Hibiscus Tea, Aloe Vera, Honey

LONDON FOG Hot 12 oz **4.50**

Black Tea, Raw Honey, Steamed Activated Pumpkin Seed Milk or Activated Almond Milk

MILKS

GOLDEN MILK **11.00**

Alkaline Water
Activated Raw Almonds
Cold-Pressed Turmeric Juice
Cold-Pressed Ginger Juice
Cinnamon
Cardamom
Raw Wildflower Honey
Pink Salt

ISLAND MILK **12.00**

Raw Coconut Water
Coconut Meat
Tocos
Blue Majik
Pink Salt

MEXICAN CHOCOLATE MILK **12.00**

Alkaline Water
Activated Raw Pumpkin Seed
Raw Cacao Powder
Raw Wildflower Honey
Yacon Syrup
Maca
Raw Cacao Nibs
Cinnamon
Cayenne
Pink Salt

SHAKES

GREEN SHAKE **12.00**

Vivid Green Cold-Pressed Juice
Frozen Banana
Activated Raw Almonds

BLUE SHAKE **12.00**

Activated Pumpkin Seed Milk
Frozen Banana
Activated Raw Almonds
Blue Majik
Tocos
Dates

WHITE SHAKE **12.00**

Activated Almond Milk
Frozen Banana
Tocos
Coconut Butter
Maca
Pine Pollen

“CALI” SHAKE **13.00**

Activated Pumpkin Seed Milk
Coconut Water
Stumptown Coffee® Cold Brew
Frozen Avocado
Coconut Butter
Cacao
Tocos
Lucuma
Cordyceps
Maca

SWEETENED WITH YOUR CHOICE OF:

Omica Organics® Liquid Stevia or (2) Dates

JUICES

VIVID GREEN **11.00**

Romaine
Celery
Dandelion
Spinach
Kale
Parsley
Lime

ORCHARD GREEN **11.00**

Celery
Pear
Dandelion
Spinach
Parsley
Kale

MAGIC HOUR* **11.00**

Sweet Potato
Orange
Celery
Turmeric
Lime

***SEASONAL**

SHOTS

IMMUNITY SHOT 4 oz **5.00**

Lemon
Ginger
Turmeric
Raw Wildflower Honey
Cayenne
Black Pepper

BEAUTY SHOT 4 oz **5.00**

Aloe
Lemon
Goji
Chia

WINGMAN 4 oz **5.00**

Apple Cider Vinegar
Honey
Cold-Pressed Orange Juice
Lemon Juice
Ginger
Cayenne

GREEN GOALS **11.00**

Spinach
Romaine
Celery
Cucumber
Lemon
Ginger

DEEP ROOTS **11.00**

Green Apple
Carrot
Beet
Lemon
Ginger
Turmeric

“WHEN HEALTH IS ABSENT, WISDOM CANNOT REVEAL ITSELF, ART CANNOT MANIFEST, STRENGTH CANNOT FIGHT, WEALTH BECOMES USELESS, AND INTELLIGENCE CANNOT BE APPLIED.”

HEROPHILUS (300 BC)